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Leader Guide

# **ANTHEM LIGHTS**



#### Artist:

Album Title & Record Company:

Song:

TOP OF THE WORLD

#### Study by:

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ESCAPE PROPER MANAGEMENT



#### Theme Victory

### Objective

Mountaintop experiences are gifts from God meant be enjoyed and appreciated.

# Warm Up

Hand out student guides and pens. Then have a "popcorn" discussion (allowing random students to answer each question aloud) using these questions:

- What is the tallest mountain or structure you have ever been on?
- What is one of the happiest moments of your entire life?
- Aside from the greatest act of love ever when Jesus gave His life for you, what is one thing God has done for you that you were joyfully shocked about?

## Transition

Say, "Mountaintop experiences are always pure joy. In a broken world, a person cannot remain on the mountaintop all of the time." Continue by saying, "During this Bible study, let's celebrate the mountaintop experiences together!"

## The Song

Say, "Let's listen to a song by the band Anthem Lights. Anthem Lights does cover songs and originals. Both are worthy of a look on YouTube and would be great additions to your music collection. Check this out! It's called, 'Top of the World!'"

## Transition

- Utilize the **Song Chat** section to discuss the song.
- What kind of mountaintop experience is this song about?
- Did a particular lyric stir your imagination? Explain.
- Can you think of any mountaintop experiences that happened to people in the Bible?

# **Bible Study**

Say, "We're going to examine three mountaintop experiences from the Old Testament. These are actual historic events that must have been quite mind-blowing for those who were "on the mountaintop."

#### Noah's Ark **Genesis 8:4**

- What are some facts you know about Noah's Ark?
- How would you deal with being on a boat that long with all those animals and your siblings (!)?
- Describe what you might be feeling when standing on dry land after so long afloat on a totally flooded planet.
- Can you think of a time when you finally felt like you were safe after a frightening experience? Explain.

### God Parts the Red Sea **Exodus 14:21-29**

- Have you ever felt that you were trying to escape danger? Explain.
- Imagine walking on dry land between two walls of ocean water while fleeing from an army that was trying to kill you. Describe your feelings.
- What are some positives for the present and future that come out of being rescued?

### Daniel and the Lion's Den Daniel 6:16-22

- Have you ever done something for God that made you uncomfortable? Explain.
- What do you think being trapped with hungry lions an entire night would be like?

• Have you ever gone through a frightening time that ended with a mountaintop experience? Explain.

# Transition

Say something like, "The Anthem Lights song focuses on relationship highs, which are both powerful and extremely emotional. Biblical mountaintop experiences focus on a singular relationship of trust between God and His people, which is more powerful, emotional, and much deeper than any human relationship."

# Wrap Up

In your own words, encourage students to complete the **A Mountaintop Prayer** section of the student guide while you play the song once more. Encourage students to complete each sentence with multiple things from their lives.

#### Dear Jesus,

- Thank You for rescuing me from...
- Thank You for my relationship with...
- Thank You for letting me experience...

Help me to trust You more about...