

# SWITCHFOOT

Artist:

SWITCHFOOT  
SWITCHFOOT.COM

Album Title & Record Company:

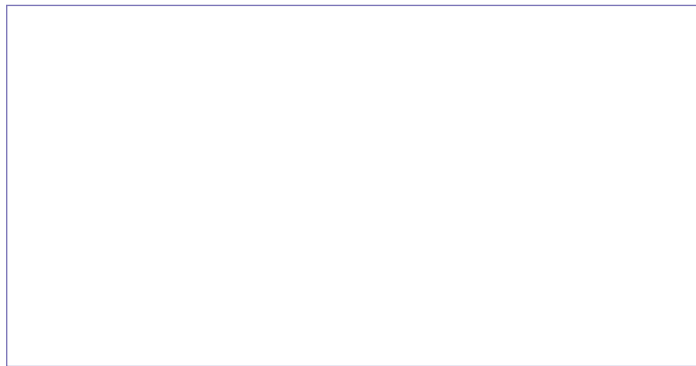
THE BEAUTIFUL LETDOWN  
SPARROW RECORDS

Video:

DARE YOU TO MOVE

Theme:

COURAGE



## Life Is A Stage

In what ways is choosing to dance like life in general?

Why is it that many of us would rather stay put than join the dance?

Where or how do you feel like everyone is watching you?

How are you responding to the pressure?

## What Happens Next?

What different kinds of pressures and expectations do you think Esther felt?

What could have been the results of her potential choices?

Do you think she wished she could be someone different, or that she could run away?

What did her choice reveal about who she was...and whom she trusted?

## Redemption Has A Story To Tell

## Dare You To Move

What one challenge are you facing that is creating great tension in your life?

What possible choices do you have in response to that challenge?

What is the risky choice that causes you to run to God in trust?

Are you ready to put the past behind you and act?