

JAMIE GRACE

Artist:

JAMIE GRACE
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Album Title & Record Company:

'91
GOOD EYE MANAGEMENT

Video Title:

THE HAPPY SONG

Theme:

JOY



Happy Stuff

What food makes you happy?

What is the funniest movie you have ever seen?

What song makes you happy?

Where is your “happy place?”

What is your definition of happiness?

Video Chat

What was one item/situation Jamie Grace described that makes you happy too?

Is being happy all the time possible? Explain.

What is something that gets between you and happiness at school? In the community? At home?

Matthew 6:25-34

Verses 25-32

What do you worry about?

What's the point of these three verses?

Does worry increase or decrease your happiness? Explain.

Verse 33

What sources do you go to for information in life?

What are some of your priorities?

What does Jesus tell people to do in this verse?

How does seeking Jesus first relate to your level of happiness?

Does the amount of “Jesus” in your life affect your daily happiness level? Explain.

Verse 34

What stresses you out about your future?

What must you work hard at almost every day?

Is focusing on future worries good or bad for a person? Explain.

How can focusing on Jesus help you deal with daily stress?

Dear Jesus...