

JASMINE MURRAY

Artist:

JASMINE MURRAY
JASMINEMURRAYOFFICIAL.COM

Album Title & Record Company:

FEARLESS
FAIR TRADE SERVICES

Video Title:

FEARLESS

Study by:

DOUG RANCK
FREE METHODIST CHURCH
SANTA BARBARA, CALIFORNIA
DRANCK@FMCSB.ORG



Themes

Confidence; In Christ, Courage, Fear

Objective

This lesson will help participants discover that the courage to handle life's challenges and obstacles comes from God – with the reward being a deeper faith and eternal life.

Warm Up

Hand out the Student Guides. Direct the group's attention to the *Eeeeeek!* section of the Student Guide. Give the students five minutes to work independently to complete the assignment and then come back together. Follow with these questions:

- What is your biggest fear?
- In what situation do you feel most courageous where some others may be fearful?
- What circumstances in life affect why we might be fearful in some situations and not others?

Transition

Say something like, "Each of us faces challenges and obstacles. These circumstances test our faith and often cause anxiety or fear. Today we are going to discover that

the courage to handle these times comes from God. The reward of our courage is a deeper faith and eternal life."

The Video

Have the students fill in the missing lyrics as they watch the video. The answers are: *feel fears shake measure spirit power fighting back with unknown giants conqueror afraid faith*

Transition

When the video has finished have different people in the group offer a few of their responses. Discuss the questions below as a way of reflecting on the lyrics:

- What Scriptures are used in this video? (**2 Timothy 1:7**, "For God has not given us the spirit of fear, but of power, and love, and self-control." **Mark 11:23**, "For truly I say to you, whoever says to this mountain, 'Be removed and be thrown into the sea,' and does not doubt in his heart, but believes that what he says will come to pass, he will have whatever he says.")
- What is the central message of the words?
- What do you think Jasmine meant by, "I won't be afraid; I'll walk out in faith"?

Bible Study

1 Samuel 17 – In this Biblical story, God gave the boy, David, courage to fight his battle. Let's see what we discover about courage in our own lives. This is a great story but a long chapter. You may choose from the following possible options:

- Summarize most of the story and read some parts.
- Read the whole chapter as a group using different readers.
- Split youth into smaller groups and have them read the whole chapter on their own.

Once the passage has been read or summarized, have the students work individually or in smaller groups (if you decided to use that format) on the **A Little Boy with a Big Heart** section of the Student Guide. Give them about 5-10 minutes to work through the assignment and then come back together. Let the group share their findings and then follow up with these questions:

- Why do you think Goliath's armor is described in such detail?
- What experiences gave David confidence to fight Goliath, a man of such height and strength?
- What most amazed you about David going into battle against the giant Goliath?

Wrap Up

Say something like, "If people were betting on the outcome of the fight between David and Goliath, very few would have put their money on David. The odds were clearly against him. How many times have we looked at the tests of life and feel there is no possibility of a positive outcome? Like David we are called to remember the 'battle is the Lord's' and that God fights for us."

Close this time by having the youth turn to the **My Giants** section of their Student Guide. Give the students a few moments to prayerfully consider their own obstacles.

Finish the time together by having your group share their "giants." Close in prayer.