

Artist:

LECRAE
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Album Title & Record Company:

RESTORATION
(FEAT. JOHN LEGEND)
REACH RECORDS

Video Title:

DROWN

Theme:

FAITH; WITHIN TRIALS, ALCOHOL/
DRUGS, HOPE; WITHIN
DIFFICULTIES



Lingering Lyrics

List some things you notice about the song (what's the setting, why's that important, what's going on, etc.) What lyrics stood out to you?

Drown

Read these verses and answer the following questions.

Jonah 2:1-6a

Do you ever feel as though you are drowning?

In verse 3, Jonah describes waves and breakers sweeping over him. What do you see happening in the world today that might qualify as "waves and breakers"?

What are some of the things you have seen people turn to in times of hopelessness?

Have those solutions made things better or, ultimately, worse?

Jonah 2:6b-10

Jonah's situation has not changed, but how does his attitude change?

If you were in Jonah's situation, would you find it easy or difficult to praise God?

Why do you think we often wait until our situation is as hopeless as Jonah's before we turn to God?

Philippians 4:4-7

Is it comforting to know that God is near?

Do you feel that this is always true?

What does it mean to rejoice in the Lord always? What does that look like for you?

What do you do to feel better in times of anxiousness?

Hope

Take a moment to think about all the things that make you feel anxious. List some of them below.

Spend some time in prayer, thanking God, and praying for the items on your list. Commit to praying for others and the items on their lists – even though you may not know what they are.