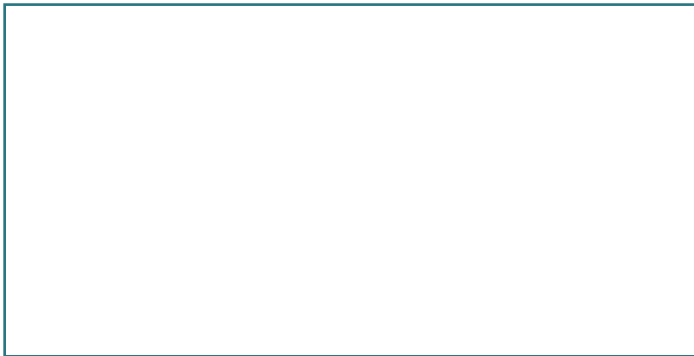


# CHRIS RENZEMA

Artist:	Album Title & Record Company:	Video Title:	Theme:
CHRIS RENZEMA CHRISRENZEMA.COM	GET OUT OF THE WAY OF YOUR OWN HEART CENTRICITY MUSIC	JUST AS GOOD (FT ELLIE HOLCOMB)	WORSHIP, HOPE WITHIN TRIALS, FAITH WITHIN TRIALS



## Distant

Write about a time or times where you have felt like God was distant or may not have been really focused on you at the time.

- How would you describe the promises found in verses 3-6?

- What might this look like in your life?

## Psalm 121

- Why do you think the author was asking where his help comes from?

- What does it mean that God wants to help us?

List some challenges that teenagers face. Pick one or two of these challenges.

- How can God help you through them?

- How have you seen God help you in your life?

Spend some time praying for the challenges that others are facing in your group.