

JOE MELENDREZ

Artist:

JOE MELENDREZ
JOEMELENDREZ.COM

Album Title & Record Company:

INDEPENDENT
PRAISESHIP

Video Title:

HOLD ON

Theme:

DIFFICULTIES; HOPE WITHIN,
PERSEVERANCE



Giving Up

- When in your life have you ever felt like giving up? Describe the circumstances.

- What causes people to give up?

- Which of the following messages or voices do you relate with?

- “I messed up too many times; it’s too late to fix this.”
- “I keep trying and it doesn’t work.”
- “I get tired, emotionally and physically.”
- “People have failed me.”

“Hold On”

- What messages did you hear, see, or feel as you watched the video?

1 Corinthians 15:58

- What does the Bible say about holding on or persevering in the midst of life’s difficulties?

- What does it look like for you to “Be strong, stand firm and immovable?”

- What does it look like to “work enthusiastically for the Lord?”

- What does it look like to “know that nothing you do for the Lord is ever useless?”

Reflect

In your small groups, read the assigned verses and discuss how we can better hold on.

- **Joshua 1:5-7** - I am with you. Be strong and courageous.
- **James 1:2-4** - Perseverance
- **John 16:33** - Don’t be afraid; I have overcome.
- **Psalms 27:14** - Wait patiently for the Lord.
- **John 10:10** - Abundant life
- **Deuteronomy 20:4** - God fights for you.
- **Psalms 46:10** - Be still and know.
- **Romans 8:11** - God lives in us.

Holding On

- Is there an opportunity, or invitation for you that is different than giving up?

- What is one takeaway you have from the video, discussion, or Scripture reflections?

Pray for each other, without judging or fixing.