

FIT FOR A KING

Artist:

FIT FOR A KING
FITFORAKINGBAND.COM

Album Title & Record Company:

THE HELL WE CREATE
SOLID STATE RECORDS

Video Title:

FALLING THROUGH THE SKY

Theme:

HOPELESSNESS, PAIN, FAITH



Falling Through The Sky

- As you watched the video, what were some of the things that stuck out to you?

- In verse 7, David expresses confidence that God will deal bountifully with him. What does David mean by this, and how can we trust in God's provision in times of need?

- How can recognizing our mistakes and asking for forgiveness help us when we're struggling with difficult emotions or situations?

Psalm 142:1-7

- Have you ever felt overwhelmed like David did in this Psalm? If so, what was happening in your life and how did you feel?

Psalm 143:1-12

- What are some ways you can seek help and guidance when you feel overwhelmed or hopeless?

Help & Hope

- What are some things you can do to help yourself during these times?

- How can prayer help us when we're feeling overwhelmed or hopeless?

- What are some things that can distract us from staying on the right path, and how can we stay focused on our goals?

- How can the group help and support you?

- How can we learn to trust in God's goodness in difficult circumstances?

- How can focusing on God's love and faithfulness help us when we're feeling hopeless or anxious?

- How can you help and support others who are dealing with feelings of failure, being overwhelmed, or hopelessness?