

PLANETBOOM

Artist:	Album Title & Record Company:	Video Title:	Study by:
PLANETBOOM PLANETSHAKERS.COM/MUSIC/PLANETBOOM	YOUTH GROUP FOYER VIBES, VOL. 2 VENTUR3 MEDIA	THAT'S US	ROB BROWER INTERLINC FRANKLIN, TENNESSEE RBROWER@INTERLINC-ONLINE.COM



Playlist

This song is featured on "The Linc: Unity" Spotify playlist – which is the perfect way to remind your students what you've taught them in this session. To share it with them, click the live link on the web version of this study.

Theme

Unity, Church, Praise

- How can we apply what we learned from this game to our relationships with others in the church?

Objective

Students will deepen their understanding and appreciation for their identity as part of the body of Christ and will be encouraged to actively participate in building unity and praising God within their church community.

The Video

As the music video plays, encourage students to jot down anything that stands out to them on the Student Guide.

Play the music video for "That's Us" by planetboom.

He emphasizes that there is one body (the church), one Spirit, one hope, one Lord (Jesus), one faith, one baptism, and one God and Father of all, who is over all and through all and in all.

- How can we show humility, gentleness, patience, and love towards one another in the church?
- What are some practical ways we can work to maintain unity in the church?
- How does recognizing that there is only one body, Spirit, hope, Lord, faith, baptism, and God help us to cultivate unity?
- Why is it important for Christians to be unified?
- What are some ways that disunity can harm the church and its witness to the world?
- How can we reconcile with others when there is conflict or division in the church?

Read Psalm 150

- What does it mean to praise God?
- How can we praise God with instruments today?
- What are some examples of God's mighty deeds in your life?
- How can we praise God when things are not going well?

- Why do you think it's important to praise God in community with others?
- How can we encourage one another to praise God?

Wrap Up

God deserves all our praise and worship because of who He is and what He has done. He is faithful, loving, merciful, and just, and we can trust Him in all things.

Remember that praising God is not just something we do on Sunday mornings, but it is a way of life. It is a constant attitude of gratitude and thanksgiving to God for all He has done for us.

So, let's make praising God a priority in our lives this week in everything we do!

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Warm Up

Play *Human Knot* - Have your students stand in a circle and instruct them to reach out with both hands and grab the hands of two different people across the circle.

Once everyone is holding hands, instruct them to untangle themselves without letting go of each other's hands.

Encourage them to communicate and work together to find the best way to untangle the knot.

Transition

- What does it mean to be adopted by the Father, as mentioned in the song?
- How does being adopted into God's family change our identity?
- How does belonging to God's family bring joy and purpose to our lives?
- In what ways can we share this joy with others?

Bible Study

Read Ephesians 4:1-6

Paul urges the Ephesian Christians to live a life worthy of their calling, with humility, gentleness, patience, and love, making every effort to maintain the unity of the Spirit through the bond of peace.

Transition

- How did you feel during the game?
- What challenges did you face while trying to untangle the knot?
- How did you communicate with your teammates to try to solve the problem?