Student Guide

JAMIE GRACE

Artist: Album Title & Record Company: Video Title: Theme:

JAMIE GRACE ONE SONG AT A TIME COME TO ME REST JAMIEGRACE.COM GOTEE RECORDS



Video

What are the lyrics of the chorus?

Bible Study

Matthew 11:28-29

What does being "weary or heavy-laden" mean to you?

Wrap Up

Spend some time identifying a specific burden that you would like to give to Jesus.

How do we "come" to Jesus?

Pray for strength to let go of the burden and to take up Jesus' yoke instead.

What do they mean to you? What "rest" do you think Jesus had in mind?

Share a time when you experienced God's hope when you were hurting.

Ask God to give you rest as you go about your week sharing His name.