

BETHANY HAMILTON

*"I don't need easy,
I just need possible."*

Bethany Hamilton:

Unstoppable

A Documentary by Aaron Lieber

In Theaters Nationwide July 12

Youthworker Guide



#unstoppable

Bethany Hamilton *Unstoppable*

Quickstart Intro

You are probably familiar with Bethany Hamilton, even if you don't recognize the name. Mention "Soul Surfer" or "that surfer girl who had her arm bitten off by a shark" and most people will respond, "Oh! Yes! I know who you're talking about!" Bethany's story has become legendary through the *Soul Surfer* book and movie. Her worldwide travels have inspired tons of people to overcome their obstacles, and to find life's meaning and purpose in Jesus Christ.

Her new documentary *Unstoppable*, which **opens in theaters nationwide on July 12, 2019**, updates her story with how she became a world-class competitive surfer, how she fell in love, and how she managed becoming a mom and a professional athlete. This is a film that you'll want your entire youth group to see.

This Youthworker Guide

You have in these materials several resources that will help you motivate your young friends to see the movie, and to help them discover God's truth as they explore the Biblical themes in the film. Here's what you have in this resource:

- Insightful **articles** that will help you and your students to think more deeply about a couple of the movie's themes: dealing with difficulty, and using your experiences as a platform to spread God's love.
- A complete plan for a **Beach Party**, even if you don't live anywhere near a beach!
- A **youth meeting guide** that uses a couple of clips from the movie to help your group understand the truth of **Philippians 4:13**, "*I can do all things through Him who strengthens me.*"
- Bethany's youthworker Sarah Hill Interview Discussion Guide.

"Kauai Trip" Youthworker Contest!

Every youthworker who commits to be an *Unstoppable* "Insider" to take his or her group to the theatrical showing will be entered into the contest.

- **Grand Prize** – A free five-day youthworker trip to Kauai! You'll get two roundtrip tickets for yourself and your spouse and lodging – along with up to 25 free tickets to the movie! Your time in Kauai will be hosted by Becky Hamilton (Bethany's sister-in-law) and Sarah Hill (Bethany's youth pastor at Kauai Christian Fellowship). All you'll be responsible for is car rental and food!
- **Runner-Up Prizes (5)** – If you've committed to be an "Insider" – but the movie isn't showing within 40 miles of your church, you could receive a *Soul Surfer* book, a *Soul Surfer* DVD, and a license to show *Unstoppable* in your church!

The "Surf Report" Emails

As an *Unstoppable* "Insider" you will receive weekly "Surf Report" emails that will be loaded with goodies for you! Here's how they'll be organized:

- **Aloha** – Introduction
- **Talking Story** – Integrating the articles and other resources from this Youthworker Guide to generate discussion and buzz
- **Gear** – Downloads, other resources, videos, etc.
- **Hang Ten** – A fun activity youth groups can do that relate to the film

Thank you for being an *Unstoppable* Insider! You can be sure that we are praying for your efforts – and hope that many teenagers will find the courage, determination, and faith to use their difficulties to make God look good!



Difficulty The Forgotten Promises of God

By Bryan Jennings • Walking On Water • San Diego, California

I want to know Christ – the power of His resurrection and the fellowship of sharing in His sufferings, becoming like Him in His death.

Philippians 3:10 (KJ21)

God has given us many very cool promises – statements that cause us to feel comforted, strengthened, and joyous. Peter wrote, “...*He has given us His very great and precious promises...*” (**2 Peter 1:4**) If I were to try to list all the “very great and precious promises” of God, we’d be here all day.

But there are other promises that He has made – those that I call the “Forgotten Promises of God.” These include Jesus’ promise that in this life we will have trouble (**John 16:33**) and that if we follow Him we will be persecuted (**John 15:20**). In the verse quoted under the headline, Paul stated that he wanted to know Christ in a way that can only be known by “*sharing in His sufferings.*” Yikes! I’ve seen *The Passion of The*

Christ, and I don’t think I really want to share in His sufferings!

As much as we’d like to concentrate on the blessings of God, we have to admit He promises that Christians will experience difficulty, hardship, resistance, pain, and suffering. God does not promise to keep us from difficulty.

He does promise to be with us in the midst of our suffering. “Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me, Your rod and staff comfort me.” (**Psalms 23:4**) We don’t have to go through our days afraid of what might happen to us, because God is with us.

This is an important message from *Unstoppable*. Bethany Hamilton’s courageous journey of faith after the shark attack should be an encouragement for any Christian – especially teenagers. We don’t want to minimize the pain she

experienced, nor diminish the anguish she felt as she tried to make sense of her situation. We need to learn that *through* that pain and anguish, God was with her and gave her the ability to use her difficulty to help others.

I guess that’s what Paul meant in **Philippians 3:10**. We get to know God more intimately as we “share in His sufferings.” We share an even closer bond with God as we draw near to Him during seasons of hardship and persecutions. “For just as the sufferings of Christ flow over into our lives, so also through Christ our comfort overflows.” (**2 Corinthians 1:5**)

How do you respond to difficult situations that aren’t your fault? Your answer indicates how well you know Him, and how much you trust Him. Personally, I hope that I’ll be like Bethany – she knows and trusts Him completely.



Bethany Hamilton
Unstoppable

Platform

Use your experiences to show the world what God is like.

By Ken McCoy • JumpStart Ministries • Charlotte, North Carolina

I have always had an interest in aviation – ever since the moment when, as a three-year-old, I knew that I wanted to fly. I love everything about aviation – the sounds and smells of airplanes and airports, the feel of aluminum under my hands as I preflight a plane, the shout of “Contact!” just before cranking the engine and propeller. I love looking at aviation maps, doing flight planning, and “hangar flying” (telling stories about your flights that may or may not be totally true) with other pilots.

I have a special interest in and appreciation for warbirds, especially World War II planes, and the men who flew them. There’s nothing like the sound of a Merlin engine crackling and screaming as a P51 Mustang makes a hot and low pass, or the roar of a powerful radial engine turning fat-bladed props on a big old bomber!

Flying has, for me, become what surfing is for Bethany Hamilton: a platform from which I can influence others for God’s kingdom. Because of my interest in WWII planes and pilots, I am now the Chaplain for the 352nd Fighter Group – men who flew blue-nosed Mustangs against Germany. My involvement doesn’t just include those men and their families – it extends to the “virtual” pilots of the 352nd who “fly” blue-nosed Mustangs in online combat. So I guess you could say that my interest in aviation, coupled with my computer geekiness, has created a platform that I can use for eternal benefit.

You, and your young friends, have experiences and opportunities to do the same. What has God given you that you can use as a platform? Are you funny? Can you do magic tricks? Are you good with a computer? Can you write? Are

you musical? Can you throw a ball very hard and with accuracy? Are you fast? Creative? Insightful? I could go on and on, but I think you get the point.

“Be very careful, then, how you live; not as unwise, but as wise; making the most of every opportunity, because the days are evil.” That’s **Ephesians 5:15-16**, which happen to be a couple of my favorite verses. Paul wants us to use every opportunity we have to show the world what God is like. One of my platforms to do that is flying. What’s yours?

The next article is an insider’s look at how Bethany Hamilton uses the platform God has given her. Rick Bundschuh, a close associate of Interlinc and a good friend of the Hamiltons, describes a recent beach experience that he had with Bethany.



I Surfed With Bethany Hamilton

By Rick Bundschuh • Kauai Christian Fellowship • Poipu, Hawaii

Even though we live on the same island and have been friends for years, I rarely surf with Bethany. Her haunts are on the opposite side of the island from where I live, and while she travels all around the globe, I tend to paddle out in just a few preferred spots.

But not too long ago we both decided to embark on a go out at P.K.'s, a playful south swell break that is directly in front of a popular restaurant. We had traveled no more than fifty feet down the sidewalk toward the sea wall and reef outcropping that is the leap off point for the paddle out when a tourist stopped Bethany. "I'm sorry to bother you," she gushed with a twang, "but I just had to tell you that you have been such an inspiration to my whole family!" Bethany smiled and quietly said, "Oh, well, thank you."

We took another step towards the sea wall and another woman stepped into our path. "I read your

book!" she exclaimed. "Can I get a photo of you and my daughter?" A young girl materialized out of nowhere and Bethany, still smiling, said "Sure."

I stepped out of the way, figuring that an aging Adonis would not be welcomed in this shot. Looking over my shoulder I could see perfect, crisp, turquoise waves going un-ridden.

Suddenly there were swarms of people coming up to Bethany. Most just wanted to say hello and thank you; some wanted a picture.

I stepped away and drummed my fingers on my surfboard, waiting for Bethany to act like a typical celebrity and say, "Enough! I'm trying to go surfing!"

She never did.

She dealt with each stranger as if they were as important as she was. Frankly, I was impressed

with her grace and patience. I was even more impressed because she clearly understood the mantle of responsibility as a believer and spokeswoman for hope that had been placed upon her shoulders – even if it crimped her personal life.

So I waved at Bethany (still surrounded by fans) and mouthed, "I'm going out – see ya later" and headed to the sea wall alone.

Bethany showed up fifteen minutes later and we surfed into the evening. She blew the mind of every guy in the water with her ability to catch any wave and get to her feet with one arm, not to mention what she does with the wave once she catches it.

Bethany has told me that the celebrity thing is sometimes trying, but she never complains. And I remember thinking that day, "No wonder she likes to disappear to those mysto spots where she can be just another girl surfer!"



Bethany Hamilton
Unstoppable

Sarah Hill Interview Discussion Guide

Sarah has been Bethany Hamilton's youth leader and friend for several years. We are fortunate that we were able to get her "behind the scenes" description of what happened just after the shark attack, and since. Here are some of the questions that our friend Rick Bundschuh took with him when he drove up to the north shore of Kauai to interview Sarah:

The Attack

- Describe your initial reaction to hearing about the shark attack on Bethany.
- Describe those first few days after the attack from a youth leader's perspective.
- As you know, when a traumatic event happens on campus or to a student, the school goes into "crisis mode" – with special meetings, counselors brought in, etc. How did your youth ministry move into "crisis mode"?
- You mention that the entire group held a worship service in Bethany's hospital room. That's very cool! How did that come about?

Since Then

- I can imagine that there might have been some "push back" reaction to Bethany's instant stardom. How have you handled having a celebrity in the group? How have the kids responded to the attention Bethany has received?

- Being a female youth leader, how do you attract and lead those "alpha male" guys?

This interview is worth sharing with your youth ministry leadership team, and even with parents. You might want to play the whole interview at once (it's less than fifteen minutes long), or pause along the way and discuss what was just shared. So, use these discussion questions in the way that works best for you.

"What do you say to comfort someone, when you're not okay with what's happened to them yourself?"

- When have you been at a loss for words to comfort someone?
- Why is the presence of others important during difficult circumstances?

Sarah quotes **Jeremiah 29:11**, and says, *"The Lord said to me, 'I'm going to use her as a voice.'"*

- Have you had an experience when the Holy Spirit brought a specific Scripture to mind?

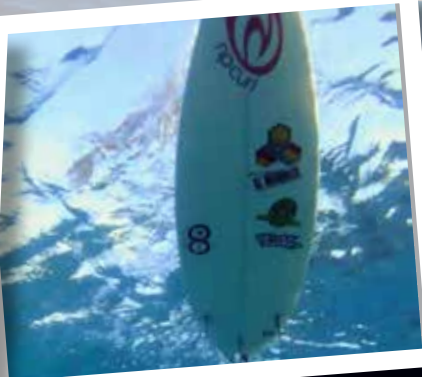
- How can we help our kids know the Word better, so the Holy Spirit can bring it to their minds when they need it?

"Within an hour, fifty people were there. I've never seen such a power team of prayer come together so quickly."

- When Christians go into crisis mode, prayer is usually the first thing they do. Why?
- How can we embed more deeply a sense of prayer in our group?

"I definitely had a lot of kids emotionally affected... so it was a good opportunity to encourage them that God is faithful, no matter what happens."

- What is the first question that comes to mind when a tragedy has occurred? ("Why?")
- How did Sarah's actions turn that question around?



Sarah describes the worship service in Bethany's room. "What a lesson we can learn from these kids: they clung to Christ."

- What lesson would we learn from our group at this time?
- How can we make worship singing more important to our students?

"I was thankful that I could encourage Bethany during times of struggle..."

- What do you notice about Sarah's role as Bethany came to terms with her new reality?
- How has God used you to encourage a student?

"Going through this made us a stronger youth group."

- How would you describe a "strong" youth group?
- How "strong" would you say our group is?

Sarah stood up for Bethany when she'd hear rumors/complaints.

- How do youth leaders "have the back" of their students?
- How do we likewise support parents, pastors, etc.?

"Bethany doesn't like being a celebrity – but she's anxious to share her faith."

- Who in our group is anxious to share his or her faith?
- How can we encourage more students to be like that?

Sarah uses surfing to relate to guys. She's real with kids, and builds relationships with guys and girls.

- What would you say are the qualities of a good youth leader?
- How might a woman have just as strong an influence on teenaged guys as a man? What about a man's influence on girls?

Sarah had an offer to work on the mainland, but didn't take it. The shark attack confirmed her ministry. She was glad she didn't take the easy way out.

- Describe a time when you were tempted to "take the easy way out" of youth ministry.
- What has God used to confirm your ministry with kids?

"It's important to be transparent with the youth that you serve alongside."

- Note Sarah's addition of "alongside." How does her view of youth ministry relate to yours?
- When are you least able to be "transparent" with kids?

"Honest sharing that we're not okay with this is what got the group through the difficult time."

- When was the last time that you had "honest sharing" with teenagers?
- How might that kind of openness get a group through difficult times?

"Any youth leader knows that youth ministry is a thankless, difficult task. God uses us not only to impact the world through the kids we serve, but to prepare them for the Church of the next generation."

- How do you relate to this idea?
- When has youth ministry NOT been thankless for you?

*Sarah quotes **1 Corinthians 15:58**. She said, "Even if your work is not recognized, God sees it – and everything you do, He's using, as long as you're doing it unto Him."*

- How has God used your efforts with teenagers lately?
- Does "doing it unto Him" come easily to you, or do you struggle with that issue?



Bethany Hamilton
Unstoppable

Unstoppable Beach Party!

Ever since the movies showed Frankie and Annette doing the twist on the beach at Malibu, the idea of a romping beach party has welded its way into the youth culture. With the *Unstoppable* movie coming out, holding a beach party is a natural for youth ministry!

Since you're a youth leader, you know how to put together an effective youth program, so we haven't given you a whole event guide. Since there are so many variations and situations, giving you a "do this, then do that" plan wouldn't really work for you. What we have done is to take this fun and attractive theme and given you tools and resources to use in a way that can draw kids into creative fellowship or even evangelism. This is a treasure chest of resources you can use and a ton of off-the-wall ideas for throwing a beach party event! Still, if you need a basic outline, do this:

- Set the ambience
- Have a mixer activity
- Play a bunch of games
- Show some clips from the *Soul Surfer* movie and generate some discussion

- Present the "Three Beach Scenes From The Bible" devotional
- Let the kids hang out until they have to go home

The Indoor Beach Party

When the temperature huddles at the bottom of the thermometer and kids are bemoaning the long months until summer, or if you are a long way from any lake or beach but close to pools, an indoor beach party will be appealing!

WATER

The addition of something to swim or wade in surely helps the fun. This can be as crazy as you want to make it. Ask someone to heat up his outdoor swimming pool for the occasion or drag a large portable one under the eaves of the church and fill it with hot water from the kitchen, or rent out an indoor pool facility. You can also go cheap with a hot tub or inflatable kiddies' pool. (If you do this in the church gym make sure to have mops ready!) Of course you don't have to use water at all. Fill a kiddie swimming pool with foam packing "peanuts" (or some other strange substitute) and then swim without getting wet!

Food

What's a beach party without a BBQ? Break out the cookers and charcoal! Make sure to have a cookout with all the proper embellishments. See if you can lay your hands on some tropical fruit for the occasion, and make sure to have little umbrellas for your beverages.

AMBIANCE

Beaches have sand right? A sandbox and some sand can do the trick if you have the urge to feel sand between your toes. Add potted palms (real, rented or fake), posters of tropical places (ask travel agencies; they have lots of them) some nets, seashells and surf music – and your meeting room or gym can look like Hawaii imported! Add beach balls, sand toys, beach chairs, umbrellas, seashells, towels and even fake birds. Don't forget to put on the shorts, surf shirt and dust off your flip-flops.

Fun & Games!

MIXERS

Use a mixer to get kids to spark conversation among kids who don't know each other.



- *Hodads and Wannabes* – Start with the kids getting into pairs. When they meet, ask each other, “When were you at the beach most recently?” Whoever was at the beach most recently “wins” and the other person gets behind the winner with both hands on the winner’s hips or hanging on to the shirt of the winner. Now each of your single students will be in a pair. That pair must find another pair and ask the same question. If they “lose”, the two of them get behind the winning pair in the order that they have been to the beach. (Now you will have groups of four.) Game continues until there’s one long line.

- *Surfing Confusion Scavenger Hunt* – Print out sheets with these items listed. Add a line adjacent to each item for observer/ participants to initial at each item.

- Sing a line from a Beach Boys song
- With three others, do a “Limbo”
- Get a girl to hula dance
- “Surf” on someone’s back – make at least ten steps
- Gargle (salt-water) singing, “Let’s go surfin’ now, everybody’s learnin’ how!”
- With two other people, run around the room yelling, “Surf’s up!”

- Have a friend watch you do three somersaults while yelling, “Wipe Out!”
- Find someone who has sunglasses. Write what brand of sunglasses they are here:
- Find someone who’s been surfing (or been stung by a jellyfish, or whatever) and have them initial here:
- Find someone who has seen a real shark in the ocean and have them initial here:

POOL GAMES

- *Sweatshirt Relay* – have kids swim across the pool in a sweatshirt over their bathing suit, take it off and then swim back. The next person in line then has to swim to the sweatshirt, put it on, swim back and take it off for the next person...
- *Fun Island* – An air mattress is the island. See who can jump over it. Those who succeed, try again. Move it a bit further away each time.
- *Wipeout* – Belly flop contest
- *Surfboard Pile* – Break into teams of 5-6 kids. The entire team must get on one surfboard, inflatable mat or inner tube and go the length of the pool.

- *Pool Tug-O-War* – Get a solid rope and play tug-o-war across a pool. Guaranteed: someone will get wet.
- *Treasure Diving* – Scatter a pile of small objects on the bottom of the pool (marbles, plastic figures etc.). Kids compete to retrieve as many objects as possible using only their mouth or toes.

BEACH, LAKE, AND OUTDOOR GAMES

- *Surfari* – Materials & Personnel Needed:
 - Four different-colored cards. (For example: red, yellow, blue and white.)
 - Squirt Bottles with red Tempera Paint in them
 - Three signs to be worn around the neck. (On one side of each sign is “Beach Closed” – on the other side is the name of a beach: Malibu, Rincon, Steamer Lane, Pipeline, etc.)
 - Four staff to act as “Lifeguards”
 - One Card Collector for each team
 - As many staff as you like to act as “Sharks”
 - Have kids wear junk clothing
 - **Time:** 30 – 40 minutes.
 - **Playing Area:** Large outdoor space. Make indoors off limits.



Bethany Hamilton
Unstoppable

- **Object:** Each “surfer” (kid) tries to get as many “surf trips” (colored index cards) in the course of the game as they can without being “wiped out” by a Shark (staff person with paint filled squirt bottle). Each level of the surf trip is worth more points. The team with the most points at the end of the game wins.
- **Rules:**
 - Each player starts out seeing the Lifeguard at Malibu Beach (the staff person handing out white index cards). This person should be at the far end of the field and should not move much or close their beach. Their cards are worth 100 points.
 - At the start of the game a player must find the Lifeguard at Malibu Beach and obtain a card. They then have the option to proceed to the Surf Shop (a porch or indoor area) and turn it into the staff person collecting for their team or to start on Surfari and trade their white card for a blue card by finding the Lifeguard for Rincon Beach. After turning in a card, the player may start over again at Malibu Beach.
- The Lifeguards for Rincon, Steamer’s Lane, and Pipeline must wander around the playing field and from time to time should “close” their beach for a minute or so... and not take or trade cards during that time.
- The player who trades a white card for a blue card now has a card worth 500 points and may go to the Surf Shop or continue on to Steamers Lane and trade the blue card in for a yellow card worth 1000 points. A “Surfari” is achieved when a player is able to trade up to the Pipeline for a red card worth 2000 points and makes it to the Surf Shop without being killed by Sharks.
- Lifeguards can only trade for a particular color of card so a player must work their way up the beaches and cannot trade a white card for any other color than a blue one.
- Sharks may attack at any time. When a person has been hit by paint they must give their card to the shark and start all over again. Sharks must stay back 30 feet from all Lifeguards and the Surf Shop.
- **Over-The-Water Capture the Flag** – This game is similar to “Capture the Flag” with a few important exceptions.
- **Materials Needed:**
 - A lake, pond, gentle river, or large pool.
 - Each player will need to have a flotation device (inner tube, body board, surfboard, raft, etc.) and a headband or armband to indicate his or her team.
 - There will need to be two “Flags” (beach balls) sitting in a hole or inner tube about 15 ft up the shoreline or pool side of each team.
 - A jail made with rope should be laid out on each shoreline.
 - Have several Referees in boats or on surfboards on the water to help with the action.
- **Object:** Capture the ball of the opposing team and bring it back to your side of the water.
- **Rules:** Each team lines up on their side of the water. At the signal, attackers may paddle or swim across the water and try to snatch their opponent’s ball from its nest. While on land, all the rules of “Capture the Flag” apply. Tagged invaders must go to a jail on the water’s edge and wait to be liberated by a tag from



a teammate. While in the water the only rule is that the person in possession of the ball must be on a flotation device. If the ball is passed it can only be captured by another person on a flotation device. Kids can tackle those who have the ball when in the water (sort of like water polo.) A point is scored when a player gets the opponent's ball to their side of the water.

Indoor Games

- *Steal the Beachball* – Try playing the old game “Steal the Bacon” with a beach ball. Allow the girls to kick the ball to their side as well as carry it.
- *Marble-Tootsies Relay* – Fill pans or small pool filled with ice and water. Toss in a bag of marbles and have kids try to reach in and grab as many as they can with their toes in a limited amount of time.
- *Musical Towel* – Played just like Musical Chairs, but the kids must sit on towels, bodyboards, or surfboards to beach music.
- *Shark/Surfer/Wave* – Rock-Paper-Scissors: Shark = hands-over-head-like a fin; Surfer = surf pose; Wave = two hands overhead gorilla style. Shark beats a Surfer; Surfer beats a Wave; Wave beats a Shark.
- *Surf-Speak Contest* – See how many “surf” terms your kids can get right! Toss out pencils and make copies of the Surf-Speak quiz – with the “Surf Term” on the left, and the definitions on the right. (Mix up the terms and definitions.) Give a prize to the one who gets the most correct.
 - Grom (Small surf kid)
 - Stoked (Excited)
 - Greenroom (The tube or center of the wave)
 - Booming (Really big, excellent)
 - Glassy (Zero wind. Water surface is calm)
 - Blown Out (Wave ripped up by onshore winds)
 - Locals (Surfers who live near a particular spot)
 - Barreled (Getting in the Greenroom)
 - Schralp (The art of high performance surfing)
 - The Pit (The deepest, most dangerous part of a wave)
 - Kook (A beginner surfer)
 - Thruster (A surfboard with three fins)
 - Fish (A surfboard with two fins)
 - Grinds (Food)

- *Lei Toss* – Using plastic leis, split into two teams and designate one person from each team to be the receiver. Hand out as many leis as you can. The receiver stands in front of teams with arms up. The team lines up in a single file line and attempts to see how many leis they can lasso over the receiver's arms. The receiver cannot move. The team receiver with the most leis wins.

**Do the Beach
Party!**

**Go to the
Movie!**

**In Theaters
Nationwide
July 12, 2019!!**



Bethany Hamilton
Unstoppable

Unstoppable Youth Meeting Guide

Theme

Difficulties; Hope Within

Objective

Students will realize that God can use even their most difficult circumstances to bring about a good result.

Note

This session is probably best used for your youth meeting just after taking your group to see *Unstoppable*.

Warm Up

Paper Cup Stacking Race – Have students stack paper or Styrofoam cups, give them one minute to build the largest tower possible. Beforehand, you can duct-tape a pad sander to the bottom of the table (the bigger the sander, the better the vibration) and then hook it up to a power strip so you can turn it on 30 seconds after the building begins. The tower should fall when the sander is turned on. You could also use a couple of leaf-blowers (or hair dryers at close range) and have some volunteers attack the towers after 30 seconds. Anyway you run it, you want the tower to fall and have the students scramble to rebuild their fallen masterpiece.

Transition

Ask, “How did you respond when the table started vibrating? How about when your tower fell?” Explain that we all experience situations that seemed designed to slow us down or force us to quit. But, like in the *Unstoppable* movie we watched, we need to learn to use those difficulties to help us rather than hinder us.

Bible Study

Ask for a volunteer to read **Philippians 4:11–13** aloud to the group. Explain that Paul, the author of this passage, had experienced plenty of adversity, yet he learned a valuable lesson. Discuss:

- What did he say he had learned to be?
- Why is this concept so important?

Show *Movie Clip #1* – Where Bethany responds to performing poorly in a surfing contest.

Explain that this Scripture does not mean that we can achieve anything we want. Rather, Paul describes how to remain strong and faithful even when circumstances are difficult. Discuss:

- Where does our strength need to come from when we face tough circumstances?
- How can you really have this strength when you need it?

Ask for two more volunteers, one to read **John 14:25–27** and the other to read **2 Thessalonians 2:16–17** aloud to the group. Discuss:

- Where in these verses do you see ways in which God enables us to “do all things”?
- What does God give to us?
- How do these passages reinforce the truth that when we face adversity, the most important gift God offers us is Himself?

Show *Movie Clip #2* – Bethany tells how her passion for surfing never left.

Ask for one last volunteer to read **Romans 8:28** aloud. Discuss:

- What are some of the positive things Bethany has in her life?
- What good came out of the tragic loss of her arm?
- If Bethany had not lost her arm in the shark attack, do you think she would have inspired as many people as she did?

Wrap Up

The Bible assures us that, “*In all things God works for the good of those who love Him.*” Even when we’re feeling tremendous stress, anxiety, and pain, God has something good planned for us!



Bethany Hamilton
Unstoppable

Student Guide

Philippians 4:11–13

What did he say he had learned to be?

John 14:25–27; 2 Thessalonians 2:16–17

Where in these verses do you see ways in which God enables us to “do all things”?

Romans 8:28

What are some of the positive things Bethany has in her life?

Why is this concept so important?

What does God give to us?

What good came out of the tragic loss of her arm?

Movie Clip #1

Where does our strength need to come from when we face tough circumstances?

How do these passages reinforce the truth that when we face adversity, the most important gift God offers us is Himself?

If Bethany had not lost her arm in the shark attack, do you think she would have inspired as many people as she did?

How can you really have this strength when you need it?

Movie Clip #2

Wrap Up



Bethany Hamilton
Unstoppable

Additional Resources

Tools For Your *Unstoppable* Teenagers

Live *Unstoppable* Year-Long Online Course

Ask yourself, and your students:

What would your life be like if you were able to navigate confidently through life's ups and downs? Where the crazy circumstances of life lead you to live more fully in your purpose, not knock you away from it? What if you could *Live Unstoppable*?

You can! Bethany wants to guide you. She's offering a year-long online course that will cover 12 life-changing topics, include detailed action steps, and feature live Q&A's with Bethany.

Go to bethanyhamilton.com, click on "Let's create your best year ever! Learn More" to find out how!

Unstoppable Playlist

Songs that will inspire your young friends to live fully committed to letting God help them overcome obstacles that keep them from experiencing what He has in mind for them.

A link to the *Unstoppable* Spotify playlist will be included in the "Surf Report" emails that *Unstoppable* "Insiders" will receive weekly.



BETHANY HAMILTON

*"I don't need easy,
I just need possible."*

WE ARE GOING TO SEE THIS MOVIE!

Bethany Hamilton:

Unstoppable

A Documentary by Aaron Lieber